

Mountaineer

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Photo courtesy Sgt. Jack Morse

Another day in Iraq ...

A Soldier provides security with a .50-caliber machine gun at a site near Balad, Iraq, where a convoy was recently attacked with rocket-propelled grenades and small arms. The Soldier is assigned to Headquarters Company, 1st Battalion, 8th Infantry Regiment, 3rd Brigade Combat Team.

Beginning Monday Gate 4 limited to inbound traffic

Courtesy Directorate of Public Works

Editor's note: In an article last week, the headline information did not match the article. To clarify, Gate 4 will be limited to inbound traffic.

Phase 3 of Gate 4 construction is scheduled to begin Monday. Only inbound traffic will be allowed through Gate 4 and will be channeled to the far left (east) lane. Outbound traffic will be diverted to the other primary and secondary gates: Gates 1, 2, 3, 5 and 20 to enable the contractors to complete the gatehouse canopy work.

Gate 2 will reopen to traffic Monday, and be open between the hours 5 a.m. and 7 p.m.

Since it is a construction zone, the maximum speed limit through Gate 4 is 20 miles per hour. The military police will be issuing speeding tickets and have instituted a policy that doubles fines for speeding in construction zones. Colorado traffic laws are enforceable on post.

Family in need of help

Courtesy Fort Carson Public Affairs Office

The on-post house of Sgt. Manuel J. Garcia, assigned to 43rd Combat Engineer Company, 2nd Squadron, 3rd Armored Cavalry Regiment, was significantly damaged by fire Tuesday night, destroying almost everything the family owned.

Any donations for Garcia, who has a wife and five children, would be appreciated. Some of the clothing items needed include:

Adult male: pants, 33 waist/30 length; large shirts; size 10 shoe

Adult female: pants, size 14 to 16; extra large shirts; size 8 shoe

12-year-old boy: pants, size 10 boys; shirt, boys size 10; shoes, boys size 7

10-year-old boy: Size 10 boys; shirt, size 10 boys; shoes size 4 boys

5-year-old boy: pants, size 8 boys; shirt size 8 boys; shoes, size 3 boys

2-year-old girl: pants, size 3T; shirts, size 3T; shoes, size 9 baby girl

18-month-old girl: Size unknown
Monetary donations can be made to "The Garcia Fund" at the Armed Forces Bank on Fort Carson at 576-6601. A donation box has also been set up in building 2352 in 2nd Squadron, 3rd ACR's training room on Fort Carson.

Lower airfares for troops taking leave from Iraq

by Victoria Palmer
Army News Service

WASHINGTON

Servicemembers and eligible Department of Defense civilians leaving Iraq for a little "rest and recuperation" can purchase discounted non-restricted tickets for their travel home through an office set up in Kuwait.

Currently the R&R program provides free transportation to Frankfurt, Germany and Baltimore-Washington International Airport, Md. Other destinations in Europe and the United States may soon be added.

Servicemembers enter leave status at midnight on the day they arrive at Frankfurt or BWI and then pay all expenses associated with any further travel. To help ease the financial burden on those eligible to participate in the program, the U.S. Army Community and Family Support Center has arranged travel services for R&R participants in cooperation with SatoTravel, a commercial travel agency.

A ticket sales office at the processing center in Kuwait sells airline tickets for further travel in the United States for those requesting them.

According to Dan Yount, CFSC's

chief of Army leisure travel services, most U.S. carriers, including American, Continental, Delta, Midwest, Southwest, United, Northwest and US Airways, have announced special rates and waivers in support of the R&R program.

Those traveling on R&R leave orders automatically qualify for unrestricted tickets. This means R&R travelers can change their itineraries with no re-booking or re-routing restrictions and without paying extra charges.

Yount cautioned that not every

See Airfare, Page 7

INSIDE THE MOUNTAINEER

Opinion/Editorial
Word of the month. Page 2

Military
45th Brigade trains at Fort Carson.
Page 5

Community
Preventing spousal abuse. Page 11

Sports
Carson Eagles football. Page 19

Feature



Eight bands compete at the U.S. Army 2003 Battle of Bands.
See Page 18 and 19.

Happenings



Several varieties of animals and birds are in the large, level Denver Zoo.
See Page 27.

RAD

Retiree Appreciation Day will be Saturday at the Elkhorn Conference Center from 7 a.m. to noon. A continental breakfast will begin at 7:30 a.m.

Post Weather hotline:

526-0096

Weapons of sci-fi may soon be reality

by **Spc. Bill Putnam**
Army News Service

WASHINGTON — The technology behind lasers and force fields is a lot closer to reality than many think.

Although lasers and force fields won't be fielded for a few more years, Gus Khalil, an engineer at the Army's Tank and Automotive Research Development and Engineering Center in Dearborn, Mich., said the Army has identified what it wants for the Army's Future Combat System.

"There's a lot more demands for the FCS vehicle than there are for the legacy force today," he said. "Anything we do today that gives the soldier less capability than he has is unacceptable."

That technology is being developed for the Army's Future Combat System, the family of 16 manned, unmanned, ground and aerial vehicles the Army wants fielded by 2010.

The gun program falls under the Combat Hybrid Power System. Initiated by the Defense Advanced Research Projects Agency six years ago and handed over to TARDEC two years ago, the program is developing the FCS' "pulsed power" weapons.

Since the system is in the first part of the development phase, the weapons could be electro-thermal chemical guns or even laser guns capable of firing artillery rounds or destroying tanks, said Khalil.

A mock-up of the laser gun system Khalil had at the Association of the U.S. Army annual meeting in Washington, D.C., Oct. 6 to 8 showed how TARDEC wants the system to work. On one end was a pack of three lithium-ion battery modules. When it was "fired" it went through a converter that increased the charge from 100 volts to 1,000 volts.

From there it goes to the pulse-forming network, a nest of capacitors and inductors, where the now 1,000 volts will be turned into a "pulse discharge" that will last less than one-millionth of a second, he said.

From there the pulse of electricity goes through an output switch that will fire the pulse to its intended target, Khalil said.

Khalil said tests have shown that weapons ranging from 600 to 10,000 volts are possible.

The modules' life span depends on how they're used, he said. If they're used just for mobility they can potentially last about 15 years, he said. If they use chemical or laser guns, they won't last long, he said.

The lifespans of the various weapons systems have not yet been determined because they have not been fully tested, said Khalil.

The batteries being tested last about 20 rounds or "firings," he said, but they hope to increase that to 50.

The pulse gun will also have the ability to fire something like today's sabot anti-tank round. But the FCS pulse weapon will give it more penetration capability than it already has, Khalil said.

But Khalil's team isn't stopping there. His team is also developing electro-magnetic armor capable of stopping not only other pulsed weapons but conventional weapons.

The electro-magnetic armor will also be run from the same power source that will power the weapons system and the engine.

The biggest challenge for his team is to run the gun and armor off the same batteries that will run the engine, Khalil said.

Caring: Word of the month

Commentary by Sgt. 1st Class Timothy Clausen
43rd Area Support Group Equal Opportunity
Advisor

Today's Army is one of caring leaders who hold soldiers to high standards and want to help all soldiers. A good caring leader accomplishes the mission and takes care of his or her soldiers. If a leader is taking care of his or her soldiers and ensures their needs are met, then those soldiers will accomplish the mission.

To me, a caring leader is a leader that ensures his soldiers are ready to do their mission, at any time, and not have to worry about whether the leader will do the right thing. A caring leader ensures that the soldier's family will be taken care of no matter the soldier's location, i.e., at home station, or Iraq. A caring leader should always ensure that all soldiers are treated with dignity and respect.

In my 21 years in the Army, I have seen the Army grow from being somewhat insensitive to soldiers' needs to actually showing it cares about the soldier and his or her family. The Army is a changing institution and will continue to change.

Leaders need to continue to show they care about soldiers and their families, so when these soldiers become our future leaders, they will do the same with their soldiers.



LETTERS TO THE EDITOR

The Mountaineer invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous letters will not

be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81, under which the *Mountaineer* is pub-

lished, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

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News

Transformation hits Army's infrastructure

by Beau Whittington
Army News Service

WASHINGTON —“You cannot transform the Army without transforming infrastructure,” Ray Dubois told a standing-room-only forum Oct. 6.

As one of the guest speakers at the Association of the United States Army forum, the deputy undersecretary of defense for installations and environment stressed that as the Army's global mission evolves, its infrastructure must change to support it.

The Installation Management Agency, which celebrates its first birthday this month, is a vital part of the evolution, Mario Fiori told the forum.

“Over the past year we've shown the agency can quickly respond to the needs of deployed and mobilized units,” the assistant secretary of the Army for installations and environment said.

Officials spent the command's first year designing standards for what they believe facilities should be. Now, they are working toward those goals. But, Fiori warned there is no instant fix.

“We say one Army, we should look like one Army,” he said. “We have to eliminate the have-nots.”

Working in tandem with the agency is the next round of base realignments and closures designed

to maximize warfighting capabilities.

“We need to see deployed forces have what they need to meet a worldwide threat,” Dubois said.

Achieving that need requires a global footprint. Dubois expects planners will have a better picture of the footprint by the end of the year when the services make their realignment recommendations to the Department of Defense.

This will be the second round of proposals by the services. Defense Secretary Donald Rumsfeld rejected first-round proposals, “reminding commanders the force belongs to the president, not to them,” Dubois said.

The key difference in this round is a higher level of command involvement which will consider joint operations at the beginning of the process, instead of the end. Plans will be submitted to joint cross-service groups in seven areas. This will reduce the services' ability to make recommendations protecting their turf, Dubois said.

To help the services make tough choices, DOD has established a fund called the Base Realignment and Closure wedge. These funds will be used to protect the services from having to pay up-front dollars for the changes.

“This is our last chance as a generation,” Dubois said. “We must get it right.”

“The goal is to get the Army out of non-core functions,” said Bill Armbruster, deputy assistant secretary of the Army for privatization and partnerships.

Armbruster described the Residential Communities Initiative as one way to do that.

The initiative is the Army's plan to privatize on-post housing. Under the plan, the Army will transfer ownership and management responsibilities to private companies. Officials say the process allows the Army to leverage assets as private sector capital to fund up-front construction.

“It would take \$6 billion to refurbish current housing facilities to standards,” Armbruster said. “(This initiative) will save a lot of those dollars.”

Approximately 70 percent of the Army's housing inventory needs renovation or replacement. Congressional funding levels for traditional military construction have been unable to keep pace with maintenance needs. Under normal procedures, officials estimate it would take 30 years to catch up.

To date, 26 projects have turned over some 73,000 housing units, Armbruster said. The deputy estimated the initiative will be completed by 2007.

“We cannot do this by conventional means,” he said. “We must find creative partners.”

Online help ...

Survey may change Army workplace

Army News Service

WASHINGTON — The 2003 Civilian Attitude Survey is now online and personnel officials said it's an opportunity for all Army civilians to make a difference in improving the workplace and the quality of civilian personnel services.

Army civilian employees, supervisors and managers are asked to complete the survey. The survey applies to employees in government service and similar pay plans, wage grade and nonappropriated fund or NAF employees.

The survey is available online at <http://cpol.army.mil/survey/dasurvey> and should be taken during duty hours, Army personnel officials said. They said it will be available until mid-November.

A new "save and return" feature allows employees to save their answers and go back to them later if unable to complete the survey in one sitting.

Employees who do not have a computer at work can still take the survey, officials said. They said

supervisors will help those employees find a computer to take the survey.

Results will remain private, personnel officials promised. The results will be reported only down to the installation level so that individual results can't be identified, officials said. They explained that there is no way for management to identify individual responses.

Employees taking the survey will be asked for date of birth and the last four digits of their Social Security number to login to the survey. This is to ensure that only authorized people take the survey, officials said, that each authorized person only completes the survey once and that accurate demographics are obtained for reporting purposes. The date of birth and Social Security number are not saved in the database that holds the survey responses, officials assured.

The overall Army results of the survey will be available online for all to see sometime in December. Local results will be available through command or

functional channels.

Local commanders will be asked to develop strategic plans and actions based on the results of the survey, Army G-1 officials said. Commanders will also be asked to publicize the actions taken as a result of the survey so that employees can see the link between their responses and actions taken.

The last survey was so successful that commanders requested it be made available to local national employees overseas. The survey is currently being translated into six languages — Korean, Japanese, German, Italian, French and Flemish — and should be available within the next six weeks.

National Guard technicians, contract employees, and servicemembers are not eligible to complete this survey, officials said.

Anyone with comments or questions about the survey should send them to ArmySurvey2003@asam-ra.hoffman.army.mil.

Editor's note: Information provided by the public affairs officer for the deputy chief of staff, G-1.

Military

45th trains up for deployment

by Staff Sgt. Rafael Rodriguez
and Sgt. Chuck Lawhead

**45th Separate Infantry Brigade (enhanced),
7th Infantry Division
Public Affairs Office**

Oklahoma's 45th Infantry Brigade has been mobilized to be the command headquarters for training the Afghanistan National Army. The brigade was tasked to train one division of the Afghan Army by June of 2004.

Elements of the task force include National Guard units from Vermont, South Carolina, New Hampshire, Maine and others from around the country, creating a total of 19 states joining the "Thunderbirds" to constitute "Task Force Phoenix."

It is the first time an enhanced brigade headquarters has been deployed into a hostile zone since formation of the enhanced brigades. The first time that the Oklahoma Guard saw action was during the Spanish-American War they were command by Theodore Roosevelt of the Rough Riders in 1898.

"This is the most important tasking the 45th has been given since the Korean War," said Gen. Thomas Mancino, commander, 45th Task Force Phoenix.

Units have begun training and preparation for the mission to train the Afghan National Army.

"Most of our officers and senior NCOs will be mentoring members of the Afghan Army, and for that

reason, will be deploying our most experienced soldiers on this mission," said Col. Robbie Asher, deputy commander, Task Force Phoenix.

Fort Carson, home of the 45th Infantry Brigade's higher headquarters, the 7th Infantry Division, has been attacking the goals necessary to prepare them for their coming deployment to Afghanistan. The mission will be to mentor and train an effective Afghan National Army. The Thunderbirds will also be there for the first free elections ever to be held in that country which means this mission is of particular importance because, "The success or failure of this mission, will have a direct effect on the future of the nation of Afghanistan," said Mancino.

Since arriving at Fort Carson, the Soldiers have covered many topics during training.

"(The training) brought home the reality that if you break that seal (on the mask) you're dead," said Staff Sgt. Steven Stealey of Office of Military Cooperation — Afghanistan, whose mask separated from his face while performing the various callisthenic exercises during the Nuclear, Biological, and Chemical training.

"I enjoyed working with the PLGR (Precision Lightweight GPS Receiver, a global positioning system) and SINCGARS (Single Channel Ground Airborne Radio System) because I was learning some-



Photo by Sgt. Chuck Lawhead

Soldiers of the 45th Separate Infantry Brigade (enhanced) train at the Nuclear, Biological and Chemical chamber on post.

See 45th, Page 8

Military Briefs

Pregnant and postpartum physical training program helps soldiers:

- Stay in shape, minimize weight gain,
- Exercise with other moms-to-be.
- Lose the weight.
- Educational classes on parenting, infant care, nutrition, pregnancy, and more.
- Tailored to all pregnant and postpartum soldiers

Register now at the wellness center 526-3887, building 1526, Family Readiness Center.

Aerobic instructors are needed for pregnant, active duty soldiers one day a week from 6:30 to 7:30 a.m.

Volunteers will work with units during PT hours if active duty. For more information, call Capt. Cindy Craddock at 526-4393.

Support single soldiers and bowl at a discounted price at the bowling center, building 1511, Saturday from midnight to 3 a.m. The cost is \$7.50 per person which includes shoes and unlimited bowling. For more information, call Sgt. Kara Hines 524-2677

CIF Hours
Central Issue Facility hours of operation
Regular business hours
Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to noon and 12:30

to 4 p.m. and Thursdays from 7:30 a.m. to noon.

Initial/partial issues
Mondays, Tuesdays, Wednesdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m.

Direct exchange
Mondays, Tuesdays, Wednesdays and Fridays from 12:30 to 3 p.m.

Partial turn-ins
Mondays, Tuesdays, Wednesdays and Fridays from 12:30 to 3 p.m.

Full turn-ins
Appointments are scheduled
Mondays, Tuesdays, Wednesdays and Fridays. Call 524-2006 or 526-2729.

Effective immediately:
Replacement will be scheduled
Mondays, Thursdays and Friday mornings.
Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing.

Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with supply sergeant vs. having bus loads of soldiers arrive at CIF to exchange one or two items.

Active-duty units — PCS/ETS/chapters/retirees will make an initial out processing appointment (Mondays, Tuesdays, Wednesdays and Fridays) for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — By appointment only.

Appointments can be made with

Connie Thompson at 526-4057 or 524-2006. POC for this information is Mark A. Rudd Sr., CIF supervisor at 526-6477.

Briefings

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9:30 and 11:30 a.m. and Wednesdays at 11:30 a.m.

Are you ETSing? If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

The Commanding General's Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Laundry Service

Post Laundry Service — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turn around for the service is 72 hours. No appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equip-

ment.
Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Hours of operation

The Mountain Post Training and Education Center's hours for certain programs and services will change Monday.

Hours are:
eArmyU Testing center, Monday through Thursday, 7 a.m. to 4:30 p.m.
Army Learning Center and Basic Skills Classes, Monday through Thursday, 9 a.m. to 4 p.m.

Counselor Support Center, Monday through Thursday 7 a.m. to 4:45 p.m. Friday 11 a.m. to 4:45 p.m.

Claims Division hours — The Claims Division office hours are now Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m. The office is closed Fridays.

Personnel Claims hours:
Mandatory briefing: Mondays and Wednesdays from 10 a.m. to 2 p.m.
Submit DD 1840/1840R

Receive documents for filing:
Submitting completed Tuesdays and Thursdays from 9 to 11:30 a.m. Claims: 1 to 4 p.m. Closed on Friday.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352 to see if it warrants an appointment.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

Airfare

From Page 1

traveler will be able to purchase the lowest R&R fares.

"In every plane load, some seats are usually made available at the special R&R rate. Once all special-rate seats have been allocated to R&R travelers, the travel agency at Camp Champion, Kuwait, will offer participants the best available fare at the time of ticketing. Unfortunately, the limited number of seats available at the R&R rate means some R&R travelers may pay a higher price.

Yount emphasized that purchasing travel tickets through the SatoTravel office in Kuwait is the only risk-free way to ensure that there won't be any fare penalties if travel plans change.

"They will be purchasing tickets through an

agency that has received special waivers allowing service members to make a flight change without paying a penalty," Yount said.

Yount counsels R&R participants and families against booking a flight for R&R travel home through online travel services, which offer discount fares but also come with heavy restrictions: changes are either not allowed or come with heavy financial penalties, and such tickets don't qualify for refunds.

"It's a substantial risk. The value of online ticketing is based on when you are in control of your own travel schedule," Yount said. "R&R is bound by regulation and participants in the R&R program are not in control of when they will travel. Just one misunderstanding can cause the voiding of the entire investment in an airline ticket."

The unrestricted round-trip fares offered by the carriers participating in the R&R program have

been running less than \$500, Yount said, citing one example of a BWI to Nashville roundtrip fare of \$189.

"The tickets are reasonable because we are working with the airlines and we have motivated travel agents that have a good relationship with the servicemembers. They're working their hardest to get them the very best fares they can," said Yount. "The value to the program is they won't find a better price with the assurance that changes in travel can be made without penalty."

Army leisure travel services is a program of the U.S. Army Community and Family Support Center in Alexandria, Va., the headquarters Department of the Army agency responsible for morale, welfare and recreation. Additional information is available at www.armymwr.com. Information on R&R troop travel is available at www.offdutytravel.com.

Dining Schedule

Week of Oct. 18 to 24

Weekday Dining Facilities

- 43rd ASG Cheyenne Mtn. Inn (building 1040)
- 3rd ACR CAV House (building 2461)
- 3rd ACR Patton House (building 2161)
- 10th SFG (A) (building 7481)
- 3rd BCT Strikers Cafe (building 2061)

Weekday Meal Hours

- Breakfast 6 to 9 a.m. (All facilities)
6:30 to 8:30 a.m. (Cheyenne Mtn. Inn)
- Lunch 11:30 a.m. to 1 p.m.
- Dinner 4:30 to 6:30 p.m.

Exceptions

- Butts Army Airfield dining facility is closed until further notice.
- CAV House is closed Saturday and Sunday.
- Cheyenne Mtn. Inn is opened.
- Mountaineer Inn is closed until further notice.



Saturday, Sunday and Training Holiday Dining Facilities

- 3rd ACR Cav. House. (building 2461)
- 43rd ASG (building 1040)
- 3rd ACR Patton House (building 2161)
- 3rd BCT Strikers Cafe (building 2061)

Saturday, Sunday and Training Holiday Meal Hours

- Breakfast 7:30 to 9:30 a.m.
- Lunch 11:30 a.m. to 1 p.m.
- Dinner 4:30 to 6:30 p.m.
3 to 5 p.m. (Cheyenne Mtn. Inn)

10th CSH 'breaks new ground'

Pfc. Stephen Kretsinger
Mountaineer staff

The 10th Combat Support Hospital held a groundbreaking ceremony to signal construction of a new medical supply, maintenance and training building Tuesday.

"This building will serve as a major milestone for the 10th CSH," said Lt. Col. David Roberts, executive officer, 10th CSH and project manager overseeing construction.

"It will also help to support the medical re-engineering initiative we are undergoing right now, which is transforming the whole hospital by getting new equipment and downsizing (48 beds) to a 248-bed hospital; 84-beds will be here at Fort Carson," said Roberts. "This facility will hold the new 84 bed hospital and save the Army millions of dollars."

The new two-story building will be about 13,500 square feet on the bottom floor and about 6,000 square feet on the top floor. The electrical system will be able to support about 1,500 pieces of medical equipment.

The building will have everything needed to run an 84-bed hospital ranging from supply area, pharmacy, operation rooms, X-ray rooms and more. "It's quite capable," said Roberts.

Also working on the project is Chief Warrant Officer Christopher Kelley, chief of medical maintenance, 10th CSH and co-project manager. "He's done a heck of a lot of work," said Roberts. "He's one of the heroes of this project."

Construction of the new building has been contracted to Alliance General Contracting, LLC, and planning for this facility has been in the

works for eight months. Construction is slated to last through April 1, but

could be done as early as March 1, said Roberts.



Photo by Pfc. Stephen Kretsinger

Command group from 10th Combat Support Hospital and Alliance General Contracting, LLC prepare to break ground for a new medical supply, maintenance and training building.

Greenback

Increased hostile fire, family separation pay

Courtesy 1st Lt. Theodore Stutz

Public Law 108-11, Section 1316, dated April 16, authorized an increase to Hostile Fire/Imminent Danger Pay from \$150 to \$225 and Family Separation Allowance from \$100 to \$250 effective October 1, 2002 through September 30, 2003. Public Law 108-84 (Continuing Resolution H.J. Res. 69) was signed September 30, 2003 to extend the entitlements to October 31, 2003. Legislation is in progress to extend the increase for both entitlements permanently.

Information for Deployed Colorado State Taxpayers
Colorado provides special income tax benefits for

Military and Support Personnel Serving in Iraq and Other Combat Zones.

The Colorado Department of Revenue has established special guidelines for military and support personnel stationed in Iraq. These guidelines closely follow those available for federal income tax.

Military and support personnel are eligible to postpone filing and paying state income taxes when they serve in the Iraq combat zone. This extension is valid for 180 days after the individual ends his or her assignment in the combat zone. Civilian employees of the Department of Defense serving in Iraq are also eligible for the extensions of time to file.

If a state income tax return is filed late due to the

taxpayer serving in a combat zone, the taxpayer should write on the top of the form "Operation Iraqi Freedom."

Military personnel may also be exempt from Colorado taxes on part of their income. All active duty pay exempt from federal tax will be exempt from Colorado tax. In addition, military personnel who are stationed outside the United States for 305 days or more will be eligible for nonresident filing status that will exempt their military pay as well as other income from Colorado tax.

For additional information on Colorado income tax, visit the Colorado Department of Revenue Web site at <http://www.revenue.state.co.us/>. The site provides forms and "FYT" tax publications. It also provides a Customer Support Site where answers to Frequently Asked Questions are available on filing and payment information for military servicepersons and on many other tax topics.



45th From Page 5

thing that could actually save lives if it ever came down to it," said Spc. Tonya Gilstrap of OMC-A.

Soviet Weapon Familiarization was

another soldier favorite. 2nd Brigade, 91st Infantry Division provided this instruction because weapons donated to the Afghanistan National Army come from former Soviet block countries. Task Force Phoenix will use this familiarization to mentor ANA soldiers during field training exercises.

Another large part of duty here at Fort Carson is basic acclimatization to higher altitudes. This post is similar in altitude to what soldiers will experience in Afghanistan. Soldiers take part in physical training every day and quickly noted a difference running here where oxygen is sparser than what they were used to in

their home states. By the second week, most soldiers had become used to the thinner mountainous air. Although becoming acclimated can be tiring, soldiers will probably appreciate it later when they reap benefits from not being as physically taxed in the austere Afghanistan environment.

Sabre Squadron soldiers carry out new mission

by 1st Lt. Geoff Gasperini
3rd Armored Cavalry
Regiment

NUKHAYB, Iraq — The soldiers were focused and ready as they descended upon the Iraqi town of An Nukhayb Tuesday morning. They had been briefed on the importance of the mission ahead. With military precision, the vehicles maneuvered into position around the target and everyone made their move.

But for these troopers of 2nd Squadron, 3rd Armored Cavalry Regiment, the operation was unlike any other conducted during their six months in Iraq. Their mission: to help clean and repair the dilapidated elementary school of Nukhayb. With classes scheduled to begin the next day, the soldiers moved quickly as they ignored their rifles to grab instead paintbrushes and brooms.

Assisting the American troops was a force of nearly 70 children and adults from Nukhayb, a dusty town in southwest Iraq with less than 1,000 inhabitants during the

dry season. Armed with their own brooms, buckets and paint cans, the townspeople enthusiastically joined in the effort.

Without wasting any time, this small coalition began its work. Step one called for the removal of trash and rubble piled up inside and outside the school. Next, the desks, benches and chalkboards scattered throughout were removed for cleaning and repair. Then came the main effort — giving the dull, dirty walls a fresh coat of white paint.

Spirits were high as the American soldiers and their Iraqi hosts worked side-by-side.

"This is great," said Sgt. 1st Class Nawab Harden, maintenance chief for Troop E, 2nd Sqdrn., 3rd ACR. "I can't believe how many townspeople came to help. I bet every kid in town is here."

Harden and his fellow cavalrymen hope that this type of operation reflects a new and lasting character of their mission focus as part of Operation Iraqi Freedom. Recently, 2nd Sqdrn, known as "Sabre"

Squadron, moved out of the unstable city of Fallujah after operating there and the nearby cities of Ramadi and Habbaniyah since late April. Still a hotbed of anti-coalition activity, Fallujah presented an exhausting challenge for the Sabre troopers as they sought to maintain peace and security in the western section of the Sunni Triangle.

In mid-September, a brigade from the 82nd Airborne Division replaced Sabre Squadron, freeing the unit to move westward. After a short rest at Al Asad Airbase, headquarters of the 3rd ACR, Sabre began its new mission: securing more than 500 miles of border with Saudi Arabia, Jordan and Syria.

This task is what brought soldiers from the squadron's Troop E and Headquarters Troop to Nukhayb, the southernmost town near the border crossing between Iraq and Saudi Arabia. To the relief of these troopers, Nukhayb offered a much more positive welcome than Fallujah.

"The reception of

American forces in this town has been incredibly warm and inviting," said Sgt. McGinn, a psychological operations specialist. For five months McGinn and his team spent every day walking the streets of Fallujah, directly interacting with the citizens. "(The atmosphere) here is a breath of fresh air compared to where we've been."

All the soldiers shared his assessment. They welcomed the opportunity to put down their weapons and remove their body armor in order to do the type of peacekeeping operations that directly improve the lives of the Iraqi people.

"I'd much rather trade smiles and paint brushes than gunfire," said Lt. Col. Chris Hickey, commander of 2nd Sqdn. 3rd ACR. "It was a wonderful sight to see the troopers work with Iraqi parents and children cleaning, painting and repairing the school."

The feeling was mutual for one local policeman who was on site assisting with the clean up effort. "This is a good start to our relationship with the

soldiers," he said through a translator. "We look forward to working with the coalition to improve our community."

The project lasted all day. Almost all of the school's eight rooms were completed in time, ready to accept students for the start of classes. When the work was over, everyone recognized a job well done by sharing brownies and juice boxes provided by the unit cooks — a treat especially popular with the many children who would soon be in those very classrooms again.

The success of the effort opens the way for more efforts like this one. Nukhayb is one of three towns in the region that requires similar renovation and repair on schools, hospitals and civic facilities.

"I hope we get the chance to do more of this," Harden said. "This has been the most positive impact we've done so far. No matter what else we do until we leave, (the soldiers) here will be able to look back and be proud of the contribution we made today toward the future of these people."

Vietnam veteran serves in Iraq

by Sgt. 1st Class Gary L. Qualls Jr.
3rd Armored Cavalry Regiment

Chief Warrant Officer 4 Larry D.

Willett talks about how he has continually worked on his knowledge and skills as a pilot during his 37-year-plus career and how, as a teacher, he has strived to influence his students to do the same. His demeanor is professional. He is a craftsman and a teacher. Proficiency is his aim and fulfillment of personal growth and potential, both his own and his students', is the sweet fruit of his craft.

"I'm just an average soldier who learned his skill pretty good," Willett said. "I've had a long time in the Army to get pretty good."

Willett, who hails from Monmouth, Ill., began his career during the anti-war movement years of the 60s. While many people in America were on psychedelic, drug-induced trips and protesting the war, a 19-year-old Willett who believed in "duty, honor and country" was flying above the murky swamps of the Mekong Delta in Vietnam. Willett's great, great grandfather fought in Sam Houston's Army in Texas, and his great grandfather fought in the Civil War.

"I've never thought of us as a volunteer Army," he said. "I just thought it is something a man ought to do for his country."

Willett served in Vietnam for a year. He later attended officer candidate school and flight school and then, in 1970, began the teaching part of his profession as an instructor at Fort Rucker, Ala. Two years later, he left the active duty ranks and went into the Reserves for eight years where he rose to the rank of major. He finally went back into active service in 1980, coming back in as a warrant officer. He was a flight instructor again until 1988 when he went to Japan and flew personnel to military meetings and medical appointments in Hueys and Black Hawks. Willett went back into the teaching aspect of his profession in 1992, where he was an instructor in the Maintenance Test Pilot Course at Fort Rucker until 1994. The pilot/teacher then returned to Korea as a test pilot for Black Hawks until 1999 when he went to 3rd ACR in Fort Carson and this year deployed with the regiment to Iraq where he's been the quality control officer, officer in charge of the UH-60 maintenance section and a maintenance examiner.

The passion in Willett's voice when he talks about teaching gives away the fact that aspect is the favorite one of his career.

"I really enjoyed teaching somebody how to do different tasks — things they had to know in their career," he said. "I

wanted to make them sharper — the best they could be."

Willett has had some memorable moments during his long military career. He recalled a nerve-wracking experience in Vietnam, a tour where, in his area, he said it was not unusual for pilots to get shot at least every couple of weeks. He recalled how a big military operation was planned to cross the forbidden Cambodian border.

"The Viet Kong were using Cambodia as a strategic place of refuge and we were not going to allow them that sanctuary," Willett recalled. There was a big build up to the operation and heavy casualties were a possibility causing a lot of anxiety prior to the mission," Willett said. Willett's unit crossed the border but no Viet Kong were found. "They seemed to melt away," Willett recalled. The big encounter with the enemy never materialized, but the anxiety of crossing an unauthorized border to engage in a potentially costly battle remained imprinted on Willett's mind.

Willett has amassed more than 690 combat flying hours, more than 700 hours of night flying and 8,200 total hours flying in his career. That equals nearly an entire year of flying time.

Willett said if he could convey anything to young soldiers serving in the

Army today it would be to make their military experience count and when they become leaders to help their soldiers.

"A person's military experience is one experience in life that they will talk about to their children and grandchildren so it is important that they put forth an effort to make it a meaningful experience."

As for helping out subordinates, he said, "Help your soldiers that are working with you when they need it. They can't accomplish a task well unless they've got help to do it."

After nearly four decades of flying for the military, Willett faces the inevitable task of saying goodbye.

"It's hard (to say goodbye) because it's been so fun," he said. "It's almost harder than sending your kids off to college because you know you'll see your kids when they get through with school, but this is really goodbye to flying, except for maybe a half-hour occasionally."

Willett plans to retire Feb. 29. He and his wife, who retires in July 2004, plan to go camping for a year in the Inter-Mountain West Region. Then, he'll head back to Monmouth where the majority of his family lives and where the old, meticulous craftsman will pursue a new craft, possibly woodworking or tool sharpening or accounting or perhaps income tax preparation.

Community

Stop spousal abuse

There's no love in pain

by Pfc. Aimee J. Felix
Mountaineer staff

Many people live in constant fear of being abused or with the fear that because they have so little control of themselves they may inflict such abuse on others.

October is National Domestic Violence Awareness Month, and there is much to be aware of with the number of preventive and treatment programs available on post.

Fort Carson's Army Community Service and Social Work Services abound in their number of programs for abusers and victims or those with the potential to be such, said Jeanne E. Koss, ACS, Soldier and Family Readiness Program manager.

Also, local law enforcement on Fort Carson and the surrounding area are very proactive when it comes to domestic violence cases. Once a phone call is made to authorities the responsible party will be arrested, said Koss.

The definition of spousal abuse was recently expanded to include abuse between any couple in an intimate relationship. This allows all victims of domestic violence to be provided with aid, not only to those in a mar-

riage.

ACS offers a preventive program called Prevention and Relationship Enhancement Program, a tool that should be used when an individual or couple senses the warning signs of violence in their relationship. These include manipulation, humiliation, isolation from family members and friends, and fear-inducing control. The program teaches couples how to deal with conflict in a constructive way. The premise is that conflict is inevitable. "Conflict itself can't be avoided; it's how a couple handles such conflict that determines how healthy and well a relationship is," said Koss.

Other preventive measures include quarterly unit briefings on domestic violence. Also, upon arrival at Fort Carson, soldiers get a domestic violence education and awareness briefing on the first day of in-processing.

Soldiers returning from a deployment often feel threatened when trying to reinforce their authority in the household, said Koss. Aware of this possibility, chaplains overseas and family readiness groups on post prepare soldiers and spouses with reunion briefings.

The goal is to make soldiers and spouses aware of the signs of post-traumatic stress syndrome, which can cause passive aggression and sudden bursts of violence, said Koss. When soldiers finally arrive they are briefed together with their partner.

Some people have a more difficult time dealing with conflict, either because they think it's OK to act out violently or because even if they don't think it's OK, they have a hard time controlling themselves. For such cases, soldiers are referred to Fort Carson Social Work Services. ACS also has an advocacy program for victims.

Colorado Springs law enforcement gives first-time offenders the opportunity to join the District Attorney Diversion Program. The offender must plead guilty and enroll in a 36-week treatment program with a certified treatment provider. SWS is a certified treatment provider feasible and free for soldiers; they are presently running five groups. Once the first-time offender has completed the program, his or her record is expunged.

The next offense would be considered a misdemeanor crime of domestic violence, which, according to the



Courtesy photo

Released for sale by the U.S. Postal Service Oct. 11, this stamp sells for 45 cents leaving an eight-cent difference that will go to the U.S. Department of Health and Human Services for domestic violence programs.

Community Events

Miscellaneous

Retiree Appreciation Day — Fort Carson will host Retiree Appreciation Day Saturday from 7 a.m. to noon at the Elkhorn Conference Center.

The event provides retirees with convenient access to more than two dozen civic, government and fraternal organizations, as well as representatives from both medical and dental services. Flu shots will be available.

The fair is open to retirees as well as those who are on active duty and may retire in the next several years.

The fair will begin at 7 a.m. with a free continental breakfast. At 7:30, the commanding general and the garrison staff will host an informal discussion. The information fair will begin at 8 a.m.

Flu shots — Evans Army Community Hospital will be providing influenza vaccine to healthcare beneficiaries Oct. 27 to Nov. 7. The "Flu Clinic" will be located at building 1007 (TMC 9) on Wetzel Avenue from 7 a.m. to 4 p.m. Monday through Friday.

It is our goal to vaccinate our high-risk healthcare beneficiaries. This includes people who are 65 years and older or individuals with the following conditions:

- Diabetes
 - Heart or lung disease, cirrhosis, cerebrospinal fluid leaks, sickle cell disease, alcoholism, and those without a spleen
 - Weakened immune systems
 - Pregnancy (second and third trimester only)
- Active-duty servicemembers will receive their influenza vaccine from their units.

The Pediatric Clinic will be providing the influenza vaccine to "high-risk" children and adolescent beneficiaries from Oct. 27 during regularly scheduled walk-in hours 7:30 to 11:30 a.m. and 1 to 3:20 p.m. at the Pediatric Immunization Clinic.

Eligible federal employees can receive their influenza vaccine starting Nov. 12 Tuesdays, Wednesdays and Thursdays through January from 8 to 11:30 a.m. from the Occupational Health Clinic located in building 2059 on Magrath Avenue.

In an effort to keep you informed, Evans Army Community Hospital has established an influenza telephone hotline that can be accessed at 526-6422. It is recommended you call this information hotline for updates and availability of influenza vaccine.

Halloween trick or treating — Halloween trick or treating in the housing areas on Fort Carson will be from 6 to 8 p.m. Oct. 31. To ensure the safety of our children, the Military Police will provide added support in your community during these times. However, it is imperative for parents to ensure their children wear light-colored clothing or reflective gear and lighting equipment to ensure maximum visibility to motorists.

Beat Air Force — The Army-Air Force game will be Nov. 8 at the Air Force Academy. Tickets are available at Information, Tickets and Registration, building 1532. The cost is \$30 each. There will be a pre-game rally on Pershing Field beginning at 7 p.m. Before the rally, there will be a party at Extremes

beginning at 6 p.m. For ticket information, call ITR at 526-5366. For information about the rally, call Maj. Barry Gaertner, 526-2941.

Attention modelers: The 4th Annual Mountain Post Armor Show will be held at the Elkhorn Conference Center. There will be figures from the 1860s through the present, dioramas, helicopters, artillery and more. Door prizes will be given as well as "best of" awards. The competition categories include: Junior (under 17), Basic (first-time competitors, intermediate (average to above average), advanced (highly skilled) and masters. Registration is from 8 a.m. to 1 p.m. Awards will be given from 3 to 3:30 p.m. For more information, contact Steve Kiernan at (719) 282-3093 or smkiernan@adelphia.net.

ACAP 8th Annual Open House at the Army Career and Alumni Program Career Center building 1118, Room 133 Oct. 30 9 a.m. to 3 p.m. Are you a soldier about to embark on a new adventure as a civilian? Come find about about the different programs that are available to you. For more information, call 526-1002/0640.

ACAP job openings — Army Career and Alumni Program currently has the following job listings for interested personnel. For more information about the jobs, call 526-1002.

What: Turret Mechanics in Saudi Arabia; Who: E-5 and above

What: Fire control specialist in Saudi Arabia; Who: E-5 and above

What: IT LAN administrator in Colorado Springs; Who: MSCE, no degree required, TS/SCI Security Clearance

What: C4I Systems Architect (three openings) in Omaha, Neb.; Who: Secret security clearance

What: Pharmaceutical sales in Salt Lake City; Who: Junior military officers

Annual leave donations — Joe Martinez, Directorate of Community Activities and Alan Wright, an employee in the Directorate of Environmental Compliance and Management, need annual leave donations to help cover absences because of illnesses and the exhaustion of available paid leave, call Robin Spencer at 526-0427.


Civilian employees willing to donate annual leave under the "Voluntary Leave Transfer Program" should call Patrick McCusker at 526-1696 or Kathy Green at 526-1729.

The Fort Carson ID Card Section will be closed Friday and Thursday. Section will resume normal hours on Monday.


For more information, call Mrs. Foster at 524-3704.

Go Warrant Officer — The U.S. Army is looking for highly motivated soldiers to fill its Warrant Officer ranks. Positions are open in all 45 specialties if you qualify. Soldiers with less than 12 years active federal service are encouraged to apply. For more information, contact the Warrant Officer Recruiting Team at www.usarec.army.mil/warrant or DSN 536-0484/0458/0488/0478/1860/0271.

Be a recruiter — The U.S. Army Recruiting is seeking highly motivated and dedicated noncommissioned officers to assist in providing the strength of America's Army. Take the challenge and learn how you can become a member of the recruiting team. For more information, visit www.usarec.army.mil/recruiter or DSN 536-0215/0465/0210/0547.



**Army Community Service
Family Readiness Center
526-4590**



Army Family Action Plan

Fort Carson AFAP

This is your opportunity to participate in the **2004 Army Family Action Plan (AFAP) Conference**. AFAP provides the Fort Carson Community with the opportunity to voice their quality of life concerns. Many issues prioritized at the conference can be resolved locally while those that cannot are forwarded to the regional level & possibly the DA level for their annual conference.

To submit a quality of life issue (i.e. housing, re-enlistment, health-care, education) stop by the **Army Family Action Plan Office** in ACS, Bldg. 1526. For details, contact Nancy Montville at 526-4590.

5 & 6 November 03

"Take Part, Make a Difference"

Claims against the estate

Claims against the estate — With deepest regrets to the family of Capt. Brian R. Faunce, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Geoffrey C. Dietrick, summary court officer, 238-5674 or 526-4485.

Claims against the estate — With deepest regrets to the family of Staff Sgt. Frederick Miller, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. David Rittenhouse, 559-8522.

Claims against the estate — With deepest regrets to the family of Sgt. Thomas Broomhead, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. Scott Weaver at 577-4096.

Claims against the estate — With deepest regrets to the family of Pfc. Jesse Givens, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. Scott Weaver at 577-4096.

Claims against the estate — With deepest regrets to the family of Pvt. Benjamin Freeman, deceased. Anyone having claims against or indebtedness to his estate should contact Chief Warrant Officer 3 Eric Oleson at 526-2824 or 659-4097.

Abuse

From Page 11

Lautenberg Amendment, would make it a felon for the soldier to handle a weapon. Based on this, the Army can put a soldier out of the military.

If the offense happens on post, the

offender is arrested and handed over to his or her unit and given a 72-hour time-out, while the offender stays in the barracks.

There are a few new programs available through ACS. Army One Source is an over-the-phone program through which soldiers who feel they

need help can receive six counseling sessions over the phone with a master's level social worker. The anonymity of the program opens the door to many soldiers. Also, it makes military programs available to reservists, for example, not living near a military installation. Another new program, which will

be effective Oct. 21, is Nurturing PEACE (parent education and children education). This program is an educational support group that involves school-age children of domestic violence households. For more information on any program, call Jeanne Koss at 526-4590.

Mission: One life to save

Response: 113 people pitch in to save a life

by Maj. Kevin J. Cuccinelli
Battalion Surgeon, 1st Battalion, 8
Infantry Division

While the daily headlines report that more soldiers are needed in Iraq, one soldier might disagree.

For 22-year-old Spc. Roy Alan Gray, there were more than enough soldiers in Iraq when the task at hand was to save his life.

Gray is a member of the 1st Battalion, 8th Infantry Battalion, 3rd Brigade Combat Team, 4th Infantry Division, otherwise known as the "Fighting Eagles." On Sept. 8, he was part of a convoy delivering the coveted hot dinner to his battalion's headquarters area. Gray had just returned to his truck when a mortar round exploded 30 feet away. Shrapnel from the mortar pierced the truck's metal door and cut up through his left thigh. Smaller shrapnel bits lodged in his shoulder and ear. The leg wound proved to be life threatening.

The forward deployed aid station for his unit was nearby. The medics acted quickly, called for an air medical evacuation and tended to his injuries while the helicopter was en route. The medics initiated care as more mortars continued to impact around them. They started intravenously pumping fluid into him. His thigh wound bled profusely even after their initial treatments so the medics quickly opted for a tourniquet, a common last resort measure. The tourniquet stopped most of the bleeding by blocking all blood flow to his injured leg. While the use of a tourniquet greatly increased the chances that he would lose his leg, it stopped the more immediate threat of massive blood loss, thereby saving his life. The surgeons would later report that if not for the medics' immediate response, Gray would have been dead on arrival at the hospital.

Meanwhile, the MEDEVAC team from the 54th Medical Company, Air

Ambulance (UH60, Blackhawk helicopter crew) was already en route to Gray's location. From the time the call was received to landing at the site was 25 minutes. This includes the mandatory 18 minutes to prep the helicopter, chart the location and load up. It was only a five-minute flight, which means the crew was ready to go, from a dead stop, in less than two minutes. The crew did a quick assessment of the tight surroundings and set the helicopter down in the only open area, immediately in front of the headquarters building. The medics quickly loaded Gray onto the helicopter for the short trip to the 21st Combat Support Hospital. Less than 15 minutes after hitting the door, the emergency room staff had completed a rapid assessment and Gray was on the operating room table being treated and stabilized.

The medical staff started the emergency medical board process to ensure Gray's family back in Iowa received maximum benefits. They didn't think he would live the three hours required to complete the board. He had lost almost all of his blood. Hemoglobin and Hematocrit, lab tests that measure blood levels, were at critical levels. His blood pressure was unstable but being maintained with the initial IV fluid push.

Doctors and nurses began blood transfusions with red blood cells. The orthopedic surgeon placed an "external fixator," similar to a large brace, that locked onto the separate pieces of Gray's shattered femur, the largest thigh bone to stabilize the injury. They also cleaned out his wound and began antibiotics to help ward off infections. In the operating room, an arteriogram, was done, an X-ray where dye is shot into the blood vessels to search for bleeding. Gray was then breathing through a tube hooked to a ventilator. He was transferred to the Intensive Care Unit wing of tents where he received around the clock

attention.

Lab results continued to reflect significant bleeding. The source of the bleeding was still unknown. Was it more open blood vessels or his body's reaction to the donated blood? At times his bleeding was faster than replacement. He was again taken back to the OR for exploration as to the source of bleeding. While the wound left a hole in his thigh large enough for surgeons to fit their hands through, the largest artery, vein and nerves were amazingly undamaged. His condition was tenuous. There was some bleeding, which was controlled however, not to the extent that would explain the blood loss.

The wound was cleaned and packed with special gauze impregnated with substances to help clotting. Gray returned to the ICU. The transfusions had to continue until the cause of blood loss could be found.

Gray's continued blood loss soon led to the problem of replacement. The hospital staff became concerned it would not have enough blood. To make matters worse, the red blood cells and plasma he was receiving only represent a portion of all the substances in whole blood. Platelets necessary to clot blood, were not available in the blood bank. These levels had become critical.

As supplies ran low, doctors began an impromptu blood drive. They walked from room to room in the hospital asking for personnel with O positive blood. Every available person with O positive blood capable of donating volunteered. Additionally, Gray's company commander, Capt. Kevin Ryan, rapidly mobilized the soldiers of his company, known as "Team Hammer." He returned from

the hospital to brief Gray's worried co-workers and friends. Everyone with O positive blood was asked to go to the hospital and donate. Thirty soldiers lined up outside the lab to include members of the North Dakota National Guard whom Ryan had called for help. None of them knew Gray personally. They simply knew what uniform they shared.

Now that a large source of blood donors was available and 12 more hours passed without improvement in Gray's stability. He was taken to the OR for a third time. It was only after a third trip to the OR that doctors

were able to determine the source of the continued bleeding. They finally located the source — a "pumper" coursing backwards, hidden behind the bone and buried beneath most of the tissue in the thigh. Doctors quickly tied it off. Other slow-seeping bleed sources were cauterized (burned). And as a final effort to stop the blood loss, doc-

tors applied a new substance, called "quick clot" in a nonconventional fashion. They spread it over the surface to concentrate the blood seepage, thereby assisting with the wound's overall ability to clot. It is not typically used in this manner, but the surgeons wanted to take all precautions.

Two hours later, for the first time in 36 hours, Gray's blood levels were stable without getting additional blood products. The nurses continued to check frequently. The next lab results were even higher. His blood pressure was no longer falling, and he did not need medication to maintain it. Other indicators of organ perfusion

An important job

It was 113 people who took direct part in the care of Spc. Roy Gray from point of injury to his evacuation from Iraq. It took that many "cogs in the wheel" to accomplish this improbable save. There were many individual cogs, that if any had failed, Gray would have died.

Chaplain's Corner

Seasons may change, but ...

God's love remains constant

Commentary by

Chap. (Lt. Col.) Don McConaughay
7th Infantry Division Chaplain

Fall has arrived and we feel the changes in the air.

The temperature, which just a few days ago gave us hot afternoons, now gives us cool mornings and evenings, and we have even seen a slight dusting of snow on top of Pikes Peak.

The leaves of the aspens are now in bright yellow, changing from the green we saw for several months. The days are shorter and the nights a little longer. All of nature tells us that this is the season for change.

Nature reminds us of the truth the only thing constant in life is "change." Our children will not remain children; they will grow up and become adults. Our job will not remain constant. We will get promoted, retire or move to a new assignment. Change is constant.



Sometimes we look forward to change because we hope for an improvement in our current situation.

Many times we fear change because we do not know what the change will produce in our life.

Regardless of how we feel about change, be sure of one truth, changes are coming. However, in spite of the certainty of change, there is a constant, stable foundation that can give you confidence as you face an uncertain future.

The solid foundation that you can build your life upon is your relationship with God. The scriptures of all of the major faith groups teach that God does not change. He is always the same and can be trusted to work today as he has worked throughout history. We can read the scriptures and find that God knows what is changing in our lives. We can know that God is working in the lives of his people. We can know God loves his people and wants the best for them. However, before that knowl-

edge can give us stability in the midst of change, we have to have a personal relationship with God.

That relationship is built on faith, trust and commitment. Faith is to accept that God is God and that he loves you in a personal way. Trust is to accept that God's love is perfect, and he is always with you. Commitment is to love him and develop your relationship with him through personal devotions and collective worship.

Throughout history, people have found that their personal relationship with God gives them stability in the midst of change. King David wrote in 2 Samuel 22: 2-3, "The Lord is my rock, my fortress, and my deliverer, the god of my strength, in him I will trust." David personal relationship with God gave him stability. I have also found that in the midst of change my personal relationship with God, through his son Jesus Christ, gives me the stability that I need to find meaning, purpose and hope during all of the changes of life.

Let me encourage you to build your life upon the solid foundation of your personal relationship with God. He is always the same, his love is constant, his presence is sure, and his will is perfect.

Chapel

AWANA- Because children matter to God!

— Fort Carson's AWANA club is gearing up for another exciting year. Club No. 13,334 meets every Thursday from 5 p.m. to 7 p.m. at Soldier's Memorial Chapel.

Every child gets involved and has a chance to unleash energy while learning good sportsmanship and respect. During handbook time, children work one-on-one with a trained leader to complete assignments that emphasize memorization and understanding of key Bible verses. Council time is when everyone gathers for an engaging Bible-based lesson.

AWANA is divided into age appropriate clubs, similar to Scouts, in that the children wear uniforms and progress through handbooks. A series of awards reward achievements at every level AWANA teaches kids that God is real and he loves them. They learn how God can help them in their daily lives. AWANA Clubs give children clear guidance in a world full of conflicting messages.

Adult volunteers are needed to serve in this ministry. If you have a heart for reaching children with the gospel of Jesus, call Stacy Chapman for further information.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.**Friday** - Psalms 119:81-88 & Ezekiel 22-24**Saturday** - Psalms 119:89-96 & Ezekiel 25-27**Sunday** - Psalms 119:97-104 & Ezekiel 28-30**Monday** - Psalms 119:105-112 & Ezekiel 31-33**Tuesday** - Psalms 119:113-120 & Ezekiel 34-36**Wednesday** - Psalms 119:121-128 & Ezekiel 37-39**Thursday** - Psalms 119:129-136 & Ezekiel 40-42

Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Patton/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Patton/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Schreck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Fox/524-1166
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Schreck/524-1166
LITURGICAL					
Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
Tuesday	6:30 p.m.		Family University	Bldg. 1161	Ms. Costantino-Mead
MORMON					
Sunday	2 p.m.	LDS	Provider	Barkeley & Prussman	Chap. Jones/526-4416
NATIVE AMERICAN SWEATLODGE					

Please call the following for ceremonial information and directions. Michael Dunning (h) 382-5331 or (c) 330-9537
Youth of the chapel - Activities for Protestant and Catholic Middle School and High School Youths take place each Tuesday at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible Studies on Sundays, 9:30 a.m. and Tuesdays 6 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 a.m. Sundays, Soldiers' Memorial Chapel.

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following: UNIT: For the soldiers, noncommissioned officers and officers of V Corps headquartered in Wiesbaden, Germany forward deployed for Operation Iraqi Freedom. ARMY: For all Army mechanics, whose behind-the-scenes maintenance of our fleet ensures soldiers can safely accomplish their transportation missions. STATE: For all soldiers and their families from the state of

Indiana. Pray also for Gov. Joseph Kernan, the state legislators and municipal officials of the Hoosier State.

NATION: For the many staff, faculty and students in America's vocational and technical training institutions. Pray that God would call dedicated men and women to serve him as tradespeople, laborers and skilled professionals.

RELIGIOUS: For soldiers and families of the Assemblies of God. Pray also for the chaplains endorsed to military service by this community of faith.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Household contaminants ...

What's in your drinking water?

by Richard Pilatzke

Directorate of Environmental Compliance and Management

Rain. It happens every year, even in a semi-arid climate such as Colorado Springs¹. Even though the region generally only gets 14 to 16 inches each year, when rain falls it can be very intense.

A large amount of rain in a short period generates water as the ground's capacity to absorb water is exceeded. When this happens, too much water dumps into Fountain Creek, which can cause the entire watershed to experience flash flooding.

But where does that storm water go? Most people don't think much about that, but it does go somewhere and in many cases is used by downstream users. The quality of that runoff is important and directly affects the water quality of the streams that carry it. What we have around our homes, offices and businesses can greatly affect the water quality of the streams within our watershed, which includes all rivers and streams.

Fort Carson storm water follows one of two paths. Most of the cantonment and the northern third of the reservation drain directly to Fountain Creek. Fountain Creek drains to the Arkansas River and is used extensively in the Arkansas River Valley for crop irrigation.

The other major drainage is to the south through Turkey Creek and Beaver Creek to the Arkansas River. About two thirds of our housing areas are included in this watershed. The water flows from Fort Carson down Turkey Creek to Beaver Creek and then to the Arkansas River and to Pueblo Reservoir.

Fort Carson drinking water is supplied by the Fountain Valley Authority, which pipes water from the Pueblo Reservoir to the Mountain Post.

Some common contaminants that get into storm water are easily avoided. Motor oil from oil changes, paints, fertilizer, herbicides and pesticides from our lawns and gardens, pet waste and many household hazardous products are all commonly found in our storm water. And yet, it is very easy to keep these items out of the watershed.

Many businesses will recycle items like oil and batteries. Each year El Paso County holds a consolidated hazardous waste collection where people can

get rid of old pesticides and herbicides, paint and other hazardous products in an environmentally sound manner.

El Paso County Solid Waste Management has also recently opened a Permanent Household Chemical Waste Collection Facility open year round for drop off of household chemicals by appointment. Products accepted at the permanent facility include paint and paint related products; lawn, garden and household chemicals; and household cleaning products. (For information or to schedule a drop off appointment call 520-7878.)

Fertilizer, pesticides, and herbicides are expensive — over-applying them on our lawns is just a waste of money and can damage the turf grasses. By keeping these items out of the storm water, we are also keeping them out of our drinking water and also out of the water used by thousands of downstream users. It just makes sense to be careful of what we expose to storm water.



Lifesavers

From Page 13

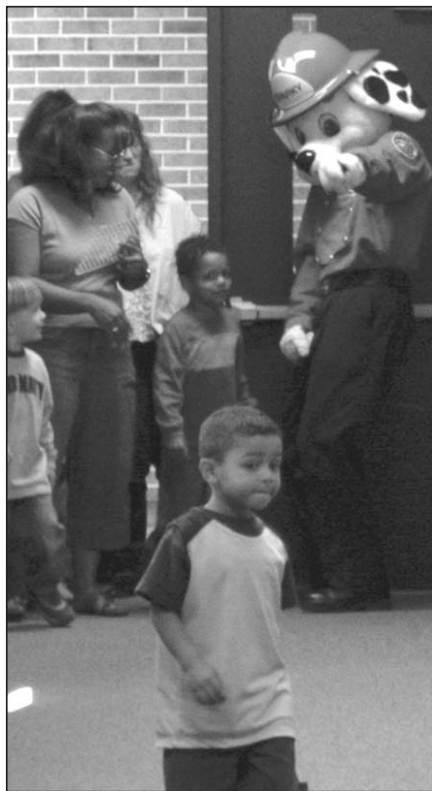
and function were also good. His clotting indicators improved and stabilized. His kidneys were working. A pink hue returned to his face. He required lower doses of medications.

His blood pressure and pulse normalized.

In the early morning hours of Sept. 11, the Air Force transported Gray to Baghdad and shortly afterwards to Landstuhl, Germany. Still unconscious and reliant on a respirator, his condition remained critical.

His parents were flown in to be by his side. The medical staff at Landstuhl continued his care until Sept. 24 when he was flown to Walter Reed Army Medical Hospital in Washington, D.C. On Sept. 27, Gray regained consciousness. He still has much ahead of him.

One hundred thirteen people took direct part in the care of Gray from point of injury to his evacuation from Iraq. It took that many "cogs in the wheel" to accomplish this improbable save. There were many individual cogs, that if any had failed, Gray would have died.



Photos by Doug Rule

Sparky the Fire Dog

Students in grades kindergarten through second at Abrams Elementary School got a crash course in fire safety Thursday, thanks to members of the Fort Carson Fire and Emergency Services. Sparky the Fire Dog was on hand to teach essential fire safety skills such as how to stop, drop and roll to put out a fire on one's person and how to map out an escape route from a burning building.



Courtesy photo

A blessing for the animals ...

Chap. (Maj.) Pat Patton blesses a child's pet during the Blessing of the Animals sponsored by our Lady of Fort Carson Catholic Women Oct. 4. About 70 people and their pets arrived at the south parking lot of Soldiers' Memorial Chapel for the Blessing of the Animals to celebrate the feast of St. Francis of Assisi. Children were encouraged to bring pets, if they did not have a pet that could attend, they were encouraged to bring their favorite stuffed animal. Refreshments for pets and their owners were provided by members of the Fort Carson MCCW.



Staff Sgt. Grant Goins, bass guitarist for "Dino and The Psychedelic Lint Balls," played in the 2003 U.S. Army Battle of Bands Saturday at the Special Events Center. Goins just started learning how to play upon the formation of the band six months ago.

For those about to ROCK... WE SALUTE YOU

Pfc. Aimee J. Felix Mountaineer staff

The U.S. Army 2003 Worldwide Battle of Bands took place Saturday at the Fort Carson Special Events Center. Members of the Fort Carson community came out to support these musically talented soldiers.

Eight Bands participated: "30 Inches," a rock band from Camp Stanley, Korea; "CX11230," a rock band from Kitzingen, Germany; "Dino and The Psychedelic Lint Balls," an oldies rock band from Hohenfels, Germany; "Kickthroat," an alternative rock band from Ansbach, Germany; "Neurogenic," a rock band from Fort

Irwin, Calif.; "Skinner Box," a rock band from Camp Casey, Korea; "s.N.a.F.u (Situation normal all funky up)" a rock band from Fort Huachuca, Ariz. and "Triple C," a Christian rock band from Ansbach, Germany.

Some of the soldiers had musical experience, while others just started learning an instrument upon the formation of their band.

"I learned to play bass guitar when we first got together six months ago," said Staff Sgt. Grant Goins, bass guitarist for "Dino and The Psychedelic Lint Balls."

"It was worth it. This type of thing really raises the morale of the troops;

it's a stress reliever."

Staff Sgt. Richard Shewmaker, guitarist/vocalist for "30 Inches," has been playing guitar since he started college and agrees, especially now that he's in the Army, that music is a stress reliever, something a soldier always needs.

"It's an outlet and such a contrast to work," said "Skinner Box" guitarist/vocalist Sgt. Brian Bartel.

Regardless of skill level, all the bands were able to prove their potential in a two-round competition judged by a panel of six judges.

Comedian Jim McCue, the master of ceremonies, entertained the audi-

ence during breaks and intermissions.

The winners were announced Sunday morning in an awards breakfast held at the hotel where the bands were staying. Winners received trophies and monetary awards. First place was given \$8,000, second place \$5,000, third place \$3,000 and fourth place \$2,000. The money is going to the Morale, Welfare and Recreation program or the Better Opportunities for Single Soldiers program of that band's post.

"30 Inches" came in first place, "Neurogenics" was second, "Skinner Box" was third and "CX11230" was fourth.



Sgt. Rusty Gump, drummer for "Kickthroat," got the crowd going with his dynamic drumming. "Kickthroat," the last band to perform, was a fitting finale to the day's events.



First place winner, "30 Inches" was worthy of its win. "I love to play music; any musician knows it's a great stress-reliever," said guitarist Staff Sgt. Richard Shewmaker.



Sp. Ashley Greathouse is a lead vocalist for the band "Dino and The Psychedelic Lint Balls." Their oldies rock tunes were a refreshing diversion.



Lead vocalist Staff Sgt. Ryan Keeton is in the band "Neurogenics," the second place winning band for the 2003 U.S. Army Battle of Bands. "There's a lot of talent around here. All of the bands are good. Each and everyone of them deserves to be here," he said.



Out & About

17 - 24 October 2003

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RETURN AT APPROXIMATELY 2 PM

14 - 16 October 2003
1600 - 2000 - Racquetball Tournament - Forest Fitness Center

Saturday, 25 October 2003 - Sports Weekend
0900 - 1100 - Aerobathon - Forest Fitness Center
0900 - 1400 - Make a Difference Day - Turkey Creek

Sunday, 27 October 2003 - Pledge Day
0900 - 1200 - Substance abuse classes at Spring Creek
0900 - 1300 - Puppet Shows at Child Development Centers

Tuesday, 28 October 2003 - Rally Day
0900 - 1200 - Life Skills education at Spring Creek

Wednesday, 29 October 2003 - Installation Mayor's Day
Mayors to pass out red Ribbons at gates
1, 3, 20 and hospital 1000 - 200 hrs

Thursday, 30 October 2003 - Information Day
1000 - 1400 - MADD information booth at EACH

Friday, 31 October 2003 - Say Boo to Drugs

Thursday, 23 October 2003 - Wear Red Day
0800 - 1600 - Organization decoration
0900 - 1300 - Puppet Shows at the child Development Centers
1000 - 1500 - Information Booth & Commissary
1130 - 1330 - "S on 3" Basketball Tournament - Events Center
1830 - 2030 - Family Pool Night

Friday, 24 October 2003 - Reach Out Day
0615 - 0715 - MEDCAC Red Ribbon Run
1000 - 1930 - 3rd Driving Simulator Seat belt Convincer - Post Exchange
1000 - 1500 - ADOCO and MADD at the PX
1800 - 2200 - Costume Dance of Youth services

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It meets every Wednesday morning
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This years program theme is
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4:00 PM - 6:00 PM
YOUTH SERVICES BUILDING 1510
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Fort Carson's Oktoberfest
at the Elkhorn
Thursday, 25 October 2003
6 - 9 p.m.

Price Includes:
Oompah band
Dinner buffet
Engraved beer mug
Gratuity
\$17.95
(cash bar)
Make reservations by 10/22
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Cash Bar with German Beer & Wine
'Experience an Oktoberfest in Colorado'
Call 576-6646 for guaranteed reservations by Tuesday, October 21st

Sports & Leisure

Carson Eagles football

by Bill Scharton
Mountaineer staff

The Carson Middle School seventh and eighth-grade football teams played their final games of the 2003 season Oct. 8 at the Mountain Post Sports Complex.

The seventh-grade Eagles posted an impressive 30-8 division victory over the Florence-Penrose Huskies while the eighth-grade Eagles lost a heart-breaking 24-20 decision to the Huskies eighth-grade squad in the season finale.

The loss by the eighth-grade Eagles dropped the team's final overall record to 3-5 and leveled their final division mark at 2-2.

For the seventh-grade Eagles, the final game victory secured an overall winning record of 4-3-1 and an unbeaten 3-0-1 mark in division play.

In the Oct. 8 seventh-grade contest, the Eagles' big play all-purpose back Devyn Harris ran roughshod over the hapless Huskies' defense. He scored all four touchdowns for the Eagles in the 30-8 win and was also one of the leading tacklers on the defensive side of the ball.

Big play Harris got the Eagles on the scoreboard first with a nifty 45-yard touchdown run at the end of the first quarter. The Eagles made the conversion and led 8-0 after a period of play.

The Huskies came back and tied the game at 8-8 at 4:31 of the second quarter with a 45-yard reverse for a touchdown and a successful conversion. The Eagles' defense would not allow the Huskies to hit



Photos by Bill Scharton

Eagles' seventh-grade receiver Jerald McCollum tries to gain extra yardage after taking a toss from quarterback Anthony Pritchard during the Eagles' 30-8 victory over Florence-Penrose Oct. 8 at the Mountain Post Sports Complex.

paydirt again.

Following the Huskies' score, the Carson offense started a scoring drive from its own 47-yard line. A 20-yard pass completion from Anthony Pritchard to Jeremy Green and a 20-yard jaunt by Harris gave the Eagles a first and goal at the Huskies nine-yard line. Harris scored three plays later, the conversion was good and the Eagles had a 16-8 half-time lead.

Carson stopped Florence-Penrose on the opening drive of the second half and went on offense at the Eagles' 40-yard line. Harris and Eagles' fullback Marquise Turner pounded the ball down to the Huskies' 29-yard line. Harris then scored his third TD of the game on an end-around scoring run. The conversion failed, but Carson took a 22-8 lead into the fourth quarter.

The Huskies' offense drove the ball to the Eagles' 12-yard line in the fourth stanza. At this point, on a fourth and 10 play, Carson's defense rose to the occasion again and thwarted a reverse play for no gain.

A couple of plays later, big play Harris put the icing on the cake with a dazzling 90-yard scoring scamper for the Eagles. A two-point conversion made the final score 30-8.

"At times the runs seemed too easy," said big play Harris after the Eagles' win. "I think this was because the offensive line blocked really well today."

Eagles' seventh-grade coach John Bishop told the squad he was proud of them following the game. "You gave it your best effort," said Bishop. It was a privilege to coach you this season."

The eighth-grade Eagles fell behind 12-0 in their battle with the Huskies but rallied to tie the contest 12-12 at halftime. Running back Jason Schatz scored the first touchdown for the Eagles with a 65-yard gallop up the middle at the end of the first quarter.

In the second quarter, Eagles' defensive back Hayden Dean picked off a Huskies' pass at midfield and returned the pick to the Huskies' 30-yard line. Dean, at quarterback on offense, hit receiver Jerry Ventura with a pass to the Huskies' two-yard line. Dean then scored on a quarterback keeper, the conversion failed and the score was knotted 12-12 at intermission.

Florence-Penrose wasted little time regaining the lead in the third quarter. On their first possession, the Huskies scored on a 42-yard run to go back in front 18-12.

The Huskies' defense stopped Carson's next offensive drive and got the ball back at midfield. Nine plays later, the Huskies found the end zone again and their lead grew to 24-12.

Carson got itself right back in the game with a scoring drive of its own on the next possession. From 38-yards out, bruising fullback Dominique Smith tallied for the Eagles to make the score 24-18. The Eagles successful conversion cut the deficit down to 24-20 at the end of three periods.

In the fourth quarter, Carson's defense stopped the Huskies twice inside the Eagles' 20-yard line. The second stop gave the ball back to the Eagles with two minutes left in the game.

The Eagles moved the ball from their own three-yard line to the Carson 40-yard line. The Eagles took their last timeout with 40 seconds showing on the clock. Three plays later, the clock ran out on an incomplete pass and the Huskies escaped with a hard-fought 24-20 win.

"I know it hurts to lose this one," Eagles eighth-



Carson Middle School Eagles' eighth-grade fullback Dominique Smith tries to pound his way through two Florence-Penrose defenders during the final game of the season Oct. 8 at the Mountain Post Sports Complex.

George and USA teammates win World Cup

Fort Carson World Class Athlete Program wrestler Tina George was a member of the United States wrestling team that edged host Japan, 14-13, to claim the team title at the third Women's World Cup in Tokyo, Japan, Oct. 11 and 12.

Japan and the United States are the two major powers in women's freestyle wrestling, the newest sport in the Olympic Games. The two tied for first in points at the World Championships in New York City in September, but Japan won the title on a tiebreaker by having more gold medals.

The victory over Japan in the World Cup Sunday could be considered one of the greatest achievements for Team USA in women's wrestling history, and a great boost for the program going into the first Olympic year for the sport. The World Cup is a dual meet tournament, with every team in the field competing against all the other teams.

George won three matches and lost three matches during the World Cup competition.

Intramural basketball

The sign-up deadline for 2003-04 intramural basketball at Fort Carson is Oct. 27. Sign-up sheets, letters-of-intent and general information can be picked up and dropped off at the intramural office in the Special Events Center (building 1829).

Intramural basketball games will be played at the Special Events Center, McKibben Physical Fitness Center, Waller Physical Fitness Center and Garcia Physical Fitness Center. Pre-season play will go from Nov. 10 to 28; regular season league action runs from Dec. 1 to Feb. 4; and the post-season tournament will be Feb. 16 to March 7.

For additional information, call 526-6630.



Photo by Bill Scharton

Big play Devyn Harris, an all-purpose back for the Eagles' seventh-grade football team, was a one-man wrecking crew in the game against Florence-Penrose Oct. 8. Harris scored all four touchdowns for the Eagles in their 30-8 season finale win.

Football

From Page 21

grade coach Justin Arnell told the team following the game. "But I want you to walk away from here with your heads up.

Eagles Volleyball

The Eagles' seventh-grade girls volleyball team completed its 2003 campaign with a 5-4 record overall and a 3-3 mark in league play. The eighth-grade squad went 1-9 overall, 1-5 in league play and lost the playoff match to Penrose.

Pay attention

Pemberton really gets into the game

by Bill Scharton
Mountaineer staff

While watching Earlene Pemberton coach her 5- and 6-year-old Red Dragons youth soccer team in the Fort Carson youth sports league, you hear the words “pay attention” roll off her lips in frequent fashion.

With this age group, attention spans tend to run short and Pemberton is right in the middle of the action coaching concentration constantly to the young players. In the Fort Carson youth sports league, sponsored by the Youth Services Center youth sports division, coaches at this age level are allowed to be on the field during game play and Pemberton makes the most of the opportunity.

Last Saturday at Pershing Field, Pemberton was hustling up and down the field, sideline to sideline, incessantly offering words of encouragement to the young troops during their morning game.

At one point in the contest, Red Dragons’ goalkeeper Kathryn Watkins made a save. She looked at coach Pemberton and said, “Somebody kicked the ball and it hit my finger.”

Pemberton patted her on the back and said, “Good save. That’s what you are supposed to do. Good save.”

When halftime rolled around, the players’ attention turned to drinks and snacks. This gave Pemberton a chance to deliver a pep talk to the Red

Dragons about their first-half performance.

“You Red Dragons are doing a great job,” said Pemberton. “Coach is really proud of you. Make sure you get something to drink.”

Goalie Kathryn’s mother, Lonnie Watkins, watched from the sidelines and was quite pleased with Pemberton’s coaching abilities.

“She (Pemberton) is great,” said Watkins. “This team is all boys and one girl. I think it would be easier for coach if there was a little more estrogen on the team.”

The Red Dragons scored a goal right before the game ended Saturday and this gave the players a good going away present. “I was so happy for them,” said an excited Pemberton.

Pemberton’s first coaching experience happened a year ago. She was an assistant coach for a Fort Carson youth sport flag football team.

Last winter, she decided to be a head coach for a 5- and 6-year-old Fort Carson youth sports basketball team. Her son Samuel is in this age group and played on the team.

In the spring, she coached soccer and Samuel also played on this team (he is also on the current Red Dragons team). Pemberton took a hiatus from coaching in the summer and returned to the soccer



Photo by Bill Scharton

Earlene Pemberton shows Red Dragons’ team member Kathryn Watkins how to execute a throw-in during the Saturday morning contest at Pershing Field.

Soccer

From Page 23

field this fall.

"When I became the head coach for basketball last winter, I was kind of nervous about it," said Pemberton. "But I did it and I liked it. I'm still doing it so I guess it stayed in my blood."

Pemberton's coaching philosophies for this age group are straightforward. "I try to accomplish a lot of things," said Pemberton. "First, I want them to learn to play as a team.

"I want the players to get along with each other. I tell them to do the best they can. I want them to be kind and to do the right thing. It is not about winning or losing, it is how you play the game."



Red Dragons' coach Earlene Pemberton lines up the players for the traditional handshake with the other team members following the youth soccer game Saturday morning at Pershing Field.



Photos by Bill Schar-ton

Red Dragons' coach Earlene Pemberton demonstrates a proper kicking technique to one of the players during the Saturday morning game at Pershing Field. The Red Dragons are a 5-and 6-year-old soccer team in the Fort Carson youth sports league and coaches at this level are allowed to be on the field of play during game action.

Carson youths compete in Punt, Pass, Kick

by Bill Scharton
Mountaineer staff

Ten-year-old Amanda Howard finished her soccer game on Pershing

Field Saturday morning and then hustled over to the flag football field to participate in the Punt, Pass and Kick contest.



Photo by Bill Scharton

Ten-year-old Amanda Howard kicks a winner Saturday at Pershing Field during Fort Carson's Punt, Pass and Kick competition.

With the help of her father, Amanda had a little time to practice prior to competing in the event. While dad served as the retriever, Amanda punted a few balls, passed a few more and then launched a couple off the kicking tee.

"This will be my first time for the Punt, Pass and Kick competition," said Amanda. "I have been practicing. My weakest event is kicking off the tee." She seemed to get really pumped up when she learned that age-group winners would get the opportunity to go to Pueblo Nov. 2 for regional competition.

Amanda's practice paid off because she ended up placing first in her age group and earned the trip to Pueblo. During the competition, her kick out-

distanced her punt and this seemed to surprise her. "I am usually better at punting than kicking," said Amanda.

The other age group first-place finishers in the girls competition included Amber Reid (8-and 9-year-olds) and Amanda Roach (12-and 13-year-olds).

First-place finishers in the boys contest were Kevin Brown Jr. (8-and 9-year-olds), Wayne Goode Jr. (10-and 11-year-olds), Bryan Keckler-Gregg (12-and 13-year-olds) and Cameron Campbell (14-and 15-year-olds).

As stated earlier, the winners earned the right to go to Dutch Clark stadium in Pueblo Nov. 2 to participate in a regional Punt, Pass and Kick competition.





Exhibits in the Denver Zoo are authentic, such as the Safari Village, complete with huts and vegetation.

Denver Zoo has thousands of wild animals

Story and photos
by Nel Lampe
Mountaineer staff



Denver Zoo is one of the most popular attractions in Colorado. Built on an 80-acre site in City Park,

almost two million visitors walk through the gates each year.

The zoo was started in 1896 with a young American black bear. The first barless habitat in the nation was built in 1918, called Bear Mountain. The exhibit is still in use at the zoo and is designated a national historic site. Asian black bears and grizzlies are in that

exhibit.

The zoo is a first class facility with 4,000 animals representing 750 species of animals.

The term zoological garden certainly applies to the Denver facility: greenery, flowers and trees make a park-like setting. Wide walkways are flanked by benches and shaded by large trees. Peacocks and geese walk around throughout the zoo. The zoo is stroller friendly as it is almost completely flat. The zoo's location in the beautifully kept City Park carries over to the zoo.

Wagon rent for \$6, strollers and push chair are \$4 at Mother's Nature at the zoo's main entrance.

Some animals range freely in the zoo, such as rabbits, geese, squirrels and peacocks. Patrons are asked not to feed or chase those animals on the loose. The Denver Zoo is smoke-free.

Many of the animals in the zoo are in natural habitat exhibits, not only allowing the animals to feel at home, but increasing the educational aspect for visitors, allowing them to experience the geography of those lands.

Pronghorn Gift Shop near the main entrance.

Upon entering the zoo, pick up a zoo map. Walk straight forward and start with stop number 1 on the zoo map where the zebras, warthogs and okapi are kept. The zoo highlights are on the map in numerical order, although see-

ing all the exhibits may require a little backtracking at both the east and west ends of the zoo.

Small souvenir shops with zoo-related hats, stuffed animals and T-shirts are in several parts of the zoo and are open seasonally. A larger shop, called Pronghorn Gift Shop, is near the entrance and sells a variety of items, including souvenirs and film. An Automated Transaction Machine is available there.

The zoo also includes a small lake, called Duck Lake, which has its own small island. A nature path around the lake can be used by visitors. The lake is in the southwest corner of the zoo, behind the bird exhibit.

Some of the exhibits not to be missed are the Australian exhibit which includes red kangaroos and emu; the camel exhibit which includes both one-humped and two humped camels. The Pachyderms exhibit includes elephants, black rhinos and hippos.

Nearby is Pachyderm Park, where visitors can ride the zoo train or the zoo's new carousel. The carousel features 48 endangered animal figures, such as giraffes, zebras, elephants, gorilla, pandas, lions and polar bears. There are also two chariots on the carousel. A carousel ride costs \$1.

Next to the carousel is the train ride, which costs \$1 per person.

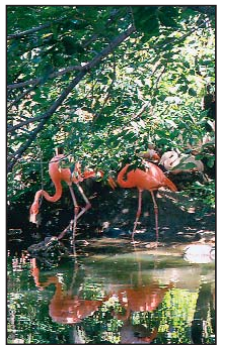
Dall's sheep and Rocky



Endangered animals are portrayed in the figures on the Denver zoo's carousel.



A rare Amur leopard is in the Denver Zoo along with other endangered species animals.



Places to see in the Pikes Peak area.

Oct. 17, 2003



A large Komodo Dragon is in a 5,500-square feet exhibit in the “Discover the Tropics” exhibit in the Denver Zoo, located in City Park.

Zoo
From Page 27

Mountain Bighorn Sheep are on Sheep Mountain, a man-made concrete mountain-like structure.

Tropical Discovery was 11 years in the making. It includes a tropical rainforest ecosystem which includes a fish, reptiles, mammals and amphibians. There are many tanks of fish. The largest indoor Komodo Dragon exhibit in the world is larger than 5,500 square feet. Located in the “Discover the Tropics” area, the exhibit includes waterfalls, dark caves and jungle-like areas. The dragons grow up to 10 feet long and 250 pounds in weight.

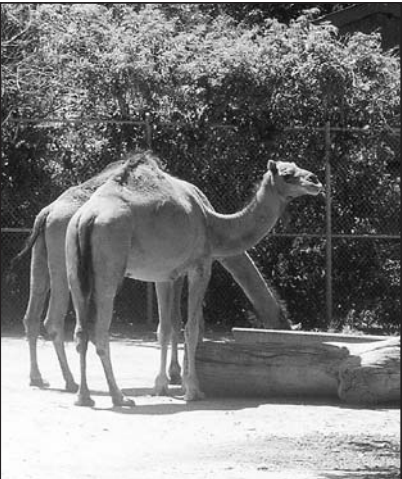
Endangered gorillas are in the area called Primate Panorama, which covers seven acres. Primates of 29 species are exhibited, including a 600-pound gorilla.

A western lowland gorilla is also in the exhibit. The exhibit includes a realistic Safari Village, complete with huts and vegetation.

Lions, leopards and tigers are in the Felines exhibit and includes young tiger cubs. Other animals in the Denver Zoo are several giraffes, including a 5- month-old giraffe and another one born in September.

Grevy zebras, reindeer and condors, eagles, pheasants, musk ox, Arctic foxes, polar bears and monkeys are also in the zoo.

The North American exhibit includes American bison, mountain lions and antelopes.



One-hump Arabian camels as well as two-hump Bactrian camels are in the Denver Zoo.

Endangered species in the zoo include the Amur leopards which may be extinct in the wild, okapi, red-bellied lemur, Siberian tiger and black rhino.

The zoo is very large. Visitors may have to search out hidden areas. For instance, dozens and dozens of flamingos can easily be missed at their habitat which is behind the train ride. The flamingos are of several varieties, ranging from almost red to pale pink.

The Hungry Elephant Cafeteria offers a wide variety of food and drink, and is open every day. It is near the main entrance.

Special activities and programs are presented in the zoo each summer, which allow visitors to get closer to animals or interact with them.

Each December the zoo presents “Wildlights,” a holiday light spectacular which uses millions of lights to create a fairy-tale like scene of sparkling lights, decorated trees and holiday entertainment.

Wildlights is open every evening in December from 5:30 to 9 p.m. Admission is \$6 for adults, \$3 for children ages 4 to 12 and those under 3 are admitted free.

The Denver Zoo is open every day of the year. In summer it is open from 9 a.m. until 6 p.m. Beginning in October, it opens at 10 a.m. and closes at 5 p.m. through March. Admission is \$11 for adults and \$7 for children ages 3 to 11. Children under age 3 are admitted free.

The Denver Zoo is located in City Park and is



Polar bears are among the endangered species in the Denver Zoo.



Two lions hang around at the Denver Zoo.

next door to the Denver Museum of Nature and Science. Its address is 2300 Steele St. The phone number is (303) 331-4100.

Free parking is in tree-lined parking lots in front of the zoo or in the new, free multi-level underground parking lot. Opened last year, it is just west of the front entrance. The well-lit garage has levels named for animals and easy access to the zoo by elevator, stairs or a pedestrian walkway.

From Fort Carson, take Interstate 25 to Denver, taking the Colorado Avenue exit. Stay on Colorado Avenue until reaching City Park. Signs point to the zoo.

Just the Facts

- **Travel time** one hour plus
- **For ages** all
- **Type** zoo
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage \$ (entry)**
 - \$ = Less than \$20
 - \$ \$ = \$21 to \$40
 - \$ \$ \$ = \$41 to \$80
 - \$ \$ \$ \$ = \$81 to \$100
 - (Based on a family of four)

Get Out!

Pikes Peak Center

Michael Martin Murphy's "Cowboy Christmas" is set for Dec. 5, 8 p.m.

Moscow Ballet's Great Russian Nutcracker and **San Diego Ballet Nutcracker** are both scheduled for November.

Brian Setzer Orchestra "Christmas Extravaganza" is Dec. 9.

Call Ticketmaster, 520-9090 for tickets.

Upcoming concerts

Colorado Springs World Arena is selling tickets for upcoming events. "Matchbox Twenty" is Nov. 14 at 7:30 p.m. "Bill Gauthier" is Nov. 21 at 7 p.m.; "Trans-Siberian Orchestra" Nov. 22, at 7 p.m., "Charlie Brown and Friends" is Nov. 30 at 7 p.m. and "Christmas from the Heart" is Dec. 3 at 7:30 p.m. Ice Skating World Finals Dec. 12 to 14. Call 576-2626 for tickets to any event.

Fine Arts Repertory Theater

The Repertory Theater is performing "Seven Brides for Seven Brothers" today and Saturday at 8 p.m. and Sunday at 2 p.m. Upcoming performances include "It's a Wonderful Life," Dec. 5 to 21; "Sweet Charity," Feb. 6 to 22, and "Hot Mikado," May 7 to 23. Call the box office, 634-5581. The theater is at 30 W. Dale St.

Children's theater

Alladin and the Magic Lamp is the children's Playhouse presentation Saturday at 11 a.m. and 2 p.m. in the Arts Center Theater in Pueblo. Tickets are at the Sangre de Cristo Arts Center box office (719) 295-7222, \$6 reserved. The theater is at 210 N. Santa Fe Ave. in Pueblo. Take Exit 98b off Interstate 25.

Buell Children's Museum

Called "Handprints Around the World," hands-on activities help children learn about customs, language and clothing of seven continents. Admission to the Buell Children's Museum at 210 N. Santa Fe Ave., is \$4 for adults and \$3 for children. Admission includes entry to the Arts Center and White Galleries. Take Interstate 25 south to Pueblo, Exit 98b.

Free concert

The U.S. Army Field Band and Soldiers' Chorus presents a free concert Nov. 2 at 3 p.m. in Palmer High School auditorium. Up to four free tickets may be requested by mail, by enclosing a stamped, self-addressed envelope to: Academy Concerts; USAFA/34/TRW/SDAE; 2302 Cadet Dr., Ste. 12; U.S.A.F. Academy, CO 80840-6000.

Bear in a blue house

"Bear in the Big Blue House Live!" is scheduled for the Pikes Peak Center Nov. 6 to 9. Shows Nov. 6 and 7 are at 7 p.m. There are daytime shows Nov. 7, 8 and 9. Call 520-9090 for tickets, which begin at \$13.50.

Art exhibition openings

The Fine Arts Center opened four new exhibits featuring well known Western artists, photographs of the early West; tourism and marketing; and a final exhibit of prints by Gene Kloss. To see the exhibits, go to the Fine Arts Center at 30 W. Dale St. Hours are 9 a.m. to 5 p.m. Tuesdays through Saturdays, and 1 to 5 p.m. Sundays. The center is free on Saturdays; other days, admission is \$2 to \$5.

Art show

The Denver Art Museum opened one of its best ever special exhibits: "El Greco to Picasso," through Jan. 4. The art features artists Picasso, van Gogh, Monet, Renoir and Degas. Special admission is \$14.75 for adults, \$11.75 for students and \$6 for youths 6 to 18. Tickets include general admission to the museum. Exhibition hours will be 10 a.m. to 5 p.m. Tuesdays, Saturdays and Sundays, and from 10 a.m. to 9 p.m. Wednesdays, Thursdays and Fridays. The museum is closed Mondays. The museum is on 13th Avenue in downtown Denver. Go online at www.denverartmuseum.org, or call (720) 865-2000.

Halloween activities

Emma Crawford Coffin Races and fun runs are Oct. 25 in Manitou Springs. Emma Crawford lived in Manitou Springs more than 100 years ago. A few years after she was buried on Red Mountain, her coffin washed down the mountain. She was reburied in the cemetery and the city marks the event with this unique festival. The races begin with a parade of coffins at 12:30 p.m., followed by the races at 1 p.m. Lantern-lit walking tours are scheduled in downtown

Manitou Springs after dark. Call 685-5089 for information.

Fountain Creek Nature Center holds its annual "Jack-O-Lantern Trail" Oct. 25 and 26. Help carve the pumpkins into Jack-O-Lanterns Oct. 25, 9 a.m. until 3 p.m., then decorate the trail. The haunted trail is open From 6:30 to 8:30 p.m., \$10 per vehicle. Call 520-6745 for information.

Haunted Houses

"The Inferno," is at the corner of Nevada and Pikes Peak Avenue Fridays, Saturdays, Sundays and daily beginning Oct. 22. Admission is \$12; call Theatreworks at 262-3232 for information.

"Planet of Terror" is a haunted house at JoyRides Family Fun Center, 5150 Edison Ave., Admission is \$8. "Misery Mile" is a haunted two-acre corn maze, with \$7 admission. Call 573-5500 for information.

Jason Voorhees of Friday the 13th movies, as played by actor Kane Hodder, is at JoyRides' "Planet of Terror" Oct. 24, 25 and 26. He will meet and greet the public, beginning at 7:30 p.m.

Dinosaurs

Dinosaur World Tour is at Denver's Pepsi Center through Nov. 16, Sundays through Thursdays from 10 a.m. to 7 p.m., and weekends until 9 p.m. Tickets are \$10 for adults and \$7 for children to see museum-quality fossils, interactive exhibits and life-size animatronics. Call (303) 830-TIXS or www.ticketmaster.com or www.dinosaurworldtour.com.

Seussical the Musical

"Seussical the Musical," is Nov. 1 at 7 p.m. in Arnold Hall theater at the Air Force Academy. Tickets for adults begin at \$15, and children under 12 are \$10. Call 333-4497 for tickets.

Military Appreciation at JoyRides

Active military, Reservists, National Guard and retired military personnel can ride and golf for free during October. Show a current military ID and receive a three-hour all access wristband free.

Air Force Academy football

There are two more football games on home turf at the Air Force Academy: Nov. 1, with Utah and Nov. 8 with Army. For tickets, call 472-1895 or check with Information, Tickets and Registration.

Happenings



Photo by Nel Lampe

Jason at JoyRides ...

Meet Jason from "Friday the 13th" at JoyRides Oct. 24, to 26, tour the haunted house, the spooky corn field maze or just enjoy free rides and golf during October by showing military ID.



Program Schedule for Fort Carson cable Channel 10, today to Oct. 24.

Special Program: The Town Hall Meeting with the Secretary of Defense at Fort Carson. Airls at 6:30 a.m., 11:30 a.m., 6:30 p.m. and 11:30 p.m.

Army Newswatch: includes stories on troops and civilians in Iraq, and bone communications. Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on Glenn Curtis and Naval aviation history. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on alternative fuels and the Special Operations squadron. Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.